



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish -
Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan

Go and set everyone afire!

Oh, that all may become truly zealous apostles!

Prayer for the Intercession of Blessed Francis Mary of the Cross Jordan

Founder of the Salvatorians

Lord Jesus Christ,
Saviour of the world,
you called Francis Mary of the Cross
Jordan to be your apostle,
to make God known and loved by
all people everywhere,
using all the means your love inspires.
You filled him with universal zeal,
with a deep trust in God's
loving providence,
with a profound spirit of prayer,
with a sincere devotion to Mary,
Mother of the Saviour and with the
courage to follow you,
even into the mystery of the Cross.
Grant also to me the grace to proclaim
the Gospel in this spirit and make
an effective apostle in today's world.

Through the intercession of
Blessed Francis Jordan,

I pray to you.

I make this prayer through you,
my Saviour, who lives and reigns with the
Father and the Holy Spirit,
forever and ever. Amen.



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SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE LEO'S PRAYER INTENTION for JULY

For Formation in Discernment
Let us pray that we might again learn
how to discern, to know how to choose
paths of life, and reject everything
that leads us away from Christ
and the Gospel.

MASS TIMES

Sacred Heart Church

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

Wednesday 9.30 am

Thursday 7 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

Friday 9:30 am
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9:30 am, followed by *Healing Mass/ Anointing of the Sick* at 10.30 am

WEEKEND MASSES

Saturday Vigil 5.00 pm
Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)

RECONCILIATION

Saturday Vigil
4.00 pm to 4.30 pm

BAPTISM

4th Sunday of the Month
11.30 am

Maria Regina Church

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8.00 am

Wednesday 8.00 am

Thursday 10 am
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

Friday 8.00 am
First Friday of the month, *Healing Mass/ Anointing of the Sick* at 8.00 am

WEEKEND MASSES
Saturday Vigil 6.00 pm
Sunday 9.00 am

RECONCILIATION
Before Vigil Mass on Saturday

BAPTISM
3rd Sunday of the Month
11.00 am

We Pray for

Recently Deceased

Leon Gregory Simons

May all the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Deceased Anniversary
Augustine Neo Eng Guan

Prayer for the Sick

Anna Śmigowska

Lily Janosik

Giannina Amore

Maureen Larios

Elaine Boyes

Pauline Chipman

Ron Clarke

Barbara Clarke

Anna Katanec

Mother Pauline

Angela Miller

Philip Khalifeh

Joseph Khalifeh

Therese Keane

Bruce Farr

Heidi Taylor

James

Jacinta Purnell - Major

Garry Gleeson

Nenita Roque

Marie Celine Roque- Maca

Neda Crvelin

Jesse Cathersides

BOOK REVIEW

Entering the Silence
The Journal of
Thomas Merton
by: Thomas Merton,
Jonathan Montaldo (Editor)



It is about Merton becoming a Monk and writer in Journals of his journey.



STS. JOACHIM
AND ANNE

Parents of Blessed
Virgin Mary

26th July

Liturgy for the Week

21/07 **Monday, Ordinary Time 16**
Ex 14:5-18; Mt 12:38-42

22/07 **Tuesday, St Mary Madalene**
Song 3:1-4; Jn 20:1-2, 11-18

23/07 **Wednesday, Ordinary Time 16**
Ex 16:1-5, 9-15; Mt 13:1-9

24/07 **Thursday, Ordinary Time 16**
Ex 19:1-2, 9-11, 16-20; Mt 13:10-17

25/07 **Friday, St James, Apostle**
2 Cor 4:7-15; Mt 20:20-28

26/07 **Saturday, Sts Joachim and Anne, parents of Blessed Virgin Mary**
Ex 24:3-8; Mt 13:24-30

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The Commemoration of

Blessed Francis Jordan

Monday, 21st of July

**Special Mass at 8 am at
Maria Regina Church, Avalon**

UPDATE FROM THE SACRAMENTAL COORDINATOR

The Sacrament of First Eucharist will take place as follows:

Maria Regina Church, Avalon

Saturday, 6 September at 6 pm

Sunday, 7 September at 9 am



Sacred Heart Church, Mona Vale

Saturday, 13 September at 5 pm

Sunday, 14 September at 10 am and 12 noon

Children in Year 4 and above are eligible to receive this sacrament if they have done their First Reconciliation.

*Enrolments are not open yet. For more information about the requirements of the program and to enrol your child, you **MUST** attend one of the following "Parent Information & Commitment" sessions (children do not need to attend).*

Thursday, 24 July at 7 pm -

Maria Regina Church, Avalon

or

Tuesday, 29 July at 7 pm -

Sacred Heart Church Mona Vale

If you have any questions, please email

Sonia on sacraments@pittwaterparish.org

THANK YOU

We extend our deepest gratitude to everyone who donated generously to our recent fundraising projects.

Special thanks to the *Tuesday Spirituality Group* who helped raise funds for our NEW Votive Candles, coffee machine and AV System.

We are truly blessed to have parishioners like you who give so selflessly. Your gifts not only strengthens our Parish today but also builds a firm foundation for tomorrow.

We will continue to keep you and your families in our prayers and we invite you to remain closely involved in the life of our parish.

July 22

St Mary Magdalene

ADVERTISEMENT SPACES AVAILABLE

Our bulletin has available spaces to promote local businesses. It's a great way to reach the community and endorse your services.

Ready to advertise?

Please contact the Parish Office on 9157 0999 for more information



A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & great need in the life of the Catholic Church.

ALL MEN WELCOME

We Meet

First & Third Tuesday of every Month

At 7pm

Sacred Heart Parish Centre

We will also be beginning a series on
METANOIA

A video series & discussion, inviting everyone to a deeper more profound conversion - a metanoia - that moves us from *something* to *someone*, as metanoia ultimately turns us to Jesus.

Bringing men together, to renew their faith in God & encourage them to be an active force of renewal in the Church

For any questions contact
Joe Cilia - 0418 863 814

NEW VOTIVE CANDLES



NO NEED TO TOUCH THE WALL

Founder Of The Society Of The Divine Saviour And The Sisters Of The Divine Saviour



John Baptist Jordan was born on 16th June 1848 into a poor family in the village of Gurtweil, in the southwest of Germany. He was the second child of Lawrence and Notburga Jordan, who took him to be baptised the day after his birth with the name of John Baptist. His early life was uneventful, but even as a child he had to work hard and do his share to support the family, because his father had been invalided due to an accident.

At his first communion a strange incident occurred. It seemed to him that a dove fluttered over his head, but since no-one else saw it he kept the vision to himself. But from that time he committed himself to God and felt that he had a vocation to the priesthood. He was a talented and lively boy and well liked in the village. Because of the poverty of the family he could not continue at school. Instead he learned the trade of painter and decorator and travelled widely for several years practising his new profession. In this way he saw the great spiritual and material needs of the people.

Jordan was eventually able to begin his journey to the priesthood by taking lessons in Latin from a friendly priest. He then went to the Gymnasium in Constance for two years to complete his basic education. It was not easy for him to sit in the class with much younger boys, but by dint of hard work he graduated with good marks, particularly in languages. From there he went to the Diocesan Seminary of St Peter in Friburg (Germany), where he was ordained in 1878 at the age of thirty. Already in the Seminary he showed great interest in the Missions and in the apostolate of the press, and began to have ideas about starting a work that would unite Catholic forces in the spread and defence of the faith.

Rome

Due to the Kulturkampf—the opposition of the Prussian State to the Catholic Church—he was unable to exercise his ministry in his home Diocese and his Bishop sent him to Rome to study oriental languages. He went to live at the Campo Santo Teutonico right next to St Peter's Basilica, where he soon became

known as The Chinaman because of his interest in oriental languages. This extraordinary gift for languages—he had a working knowledge of more than forty languages—meant that in 1880 he was given the opportunity by the Congregation for the Propagation of the Faith to travel on their behalf to the Middle East.

On this tour of Egypt and Palestine Jordan took the opportunity to discuss his plans with many eminent Churchmen; their interest in his ideas gave him great encouragement. While climbing Mount Lebanon he had a profound spiritual experience. The words of John 17:3 ran through his mind “Eternal life is this, to know you, the one true God, and Jesus Christ whom you have sent.” He came down from the mountain resolved to put his plans into practice.

On his return from the Middle East he began to search for collaborators. By this time he had moved to the house of St. Brigitta in Piazza Farnese where he established a printing press and started printing the monthly magazine *Der Missionär*.

Foundation Of The Salvatorians

On the 8th December 1881 in the Chapel of St Brigida in Rome, Father Jordan and two other priests took private vows as members of the Apostolic Teaching Society. It is this date which is kept as the foundation day of the Salvatorians.

Father Jordan would have achieved little if he had depended solely on his own abilities. Those who followed him did so because they realised that he was a man of God. They knew him to have deep faith and trust in God. Over and over again his plans had to be modified in the face of circumstances and the demands of the Church—Jordan bowed to these changes as expressions of the will of God.

Spiritual Diary

He kept a Spiritual Diary in which he poured out his deepest thoughts and prayers. This Spiritual Diary is a remarkable document, and it remains a source of inspiration to his spiritual sons and daughters. Father Jordan was very much devoted to the See of Peter and went each day to St Peter's Basilica to pray at the tomb of the Apostle. It was often said, ‘If you want to see a Saint, go to St Peter's and you will see Father Jordan at prayer.’

Last Days

Over the years Jordan's health was gradually undermined. Some of the reasons for this were: the stresses and strains of turning his ideas into a concrete reality; the daily worries involved in running a house of over a hundred priests, brothers and scholastics; the work of establishing the Society in many different countries in a short space of time, and the attacks he suffered in a press campaign against him in 1906. So, in 1915 when Italy entered the First World War and the Generalate moved to Switzerland, Jordan stood down as

Superior General and Father Pancratius Pfeiffer took his place. Father Jordan's health took a further turn for the worse and he died in the care of the Daughters of Charity in Tavers, Switzerland on 8th September 1918. His remains are interred in a special chapel in the general headquarters of the Society of the Divine Saviour in Rome.

On The Way To Holiness

We see in Father Francis Jordan a man of great faith and depth of character. Early in his life he committed himself to the Lord, and to the realisation of the special task he knew he had been given. His vision, determination and faith attracted many people to follow him and join him in trying to win the world for the Saviour. His ideas have not lost their relevance with the passing of time. If anything, his idea of working closely with groups of apostolically minded laity is more relevant than ever.

Beatification

The biggest event in the Salvatorian history from the time of our foundation was the beatification of our Founder, Fr. Francis Mary of the Cross Jordan on 15th May 2021.

It is our greatest joy to see that the vision and life of our Founder was approved by the Church.

SDS Salvatorians

“Do everything in love.”

— 1 CORINTHIANS 16:14

PARISH MORNING TEA GATHERING

Everyone is welcome to join and get to know each other in our Parish Community.

Every month after the 8 am Mass on the 1st Sunday and after the 10 am Mass on the 3rd Sunday at SACRED HEART CHURCH, MONA VALE

2nd and 4th Sundays after the 9 am Mass at the front of MARIA REGINA CHURCH, AVALON

The *Living* Word

Entrance Antiphon

Psalm 53:6,8

See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart, and praise your name, O Lord, for it is good.

First Reading

Genesis 18:1-10

A reading from the book of Genesis
Lord, do not bypass your servant.

The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My lord,' he said, 'I beg you, if I find favour with you, kindly do not pass your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is why you have come in your servant's direction.' They replied, 'Do as you say.'

Abraham hastened to the tent to find Sarah. 'Hurry,' he said, 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree.

'Where is your wife Sarah?' they asked him. 'She is in the tent,' he replied. Then his guest said, 'I shall visit you again next year without fail and your wife will then have a son.'

The word of the Lord

Responsorial Psalm

Ps 14:2-5, R. v.1

(R.) The just will live in the presence of the Lord.

Lord, who shall dwell on your holy mountain? He who walks without fault; he who acts with justice and speaks the truth from his heart; he who does not slander with his tongue. **(R.)**

He who does no wrong to his brother, who casts no slur on his neighbour, who holds the godless in disdain, but honours those who fear the Lord. **(R.)**

He who keeps his pledge, come what may; who takes no interest on a loan and accepts no bribes against the innocent. Such a man will stand firm for ever. **(R.)**

Second Reading

Colossians 1:24-28

A reading from the letter of St Paul to the Colossians

The mystery hidden for centuries has now been revealed to his saints.

It makes me happy to suffer for you, as I am suffering now, and in my body to do what I can to make up all that has still to

be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.

The word of the Lord.

Gospel Acclamation

Luke 8:15

Alleluia, alleluia!

Happy are they who have kept the word with a generous heart and yield a harvest through perseverance.

Alleluia!

Gospel

Luke 10:38-42

A reading from the holy Gospel according to Luke

Martha took up the duties in the house. Mary chose the better part.

Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said, 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

The word of the Lord.

Communion Antiphon

Psalm 110:4-5

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

REFLECTION

by Dianne Bergant

Today we see the people of God offering the hospitality rather than receiving it, first Abraham and then Martha. What lessons of discipleship can be learned from these readings?

First and foremost we see how important openness is, for in each case those to whom the hospitality was offered were divine visitors in human form. We can never be sure under what guise God will come to us. It could be the person on the

street who asks for directions, or the one who comes to our place of work to engage the service that we provide. It may be the friend who comes to dinner or the co-worker who acts in a way we did not expect. God comes into our lives in unexpected ways and we must have an open attitude of hospitality if we are to receive the blessings that might come with such visits.

We know that we cannot lay aside the responsibilities of our lives in order to sit with Mary at the feet of Jesus. However, we cannot allow ourselves to be held captive by these responsibilities, regardless of how legitimate they may be. And so we continue to struggle; to carry the burdens that are ours for the sake of the people that we serve; to serve the people in our care realising that we will probably not be able to accomplish all of our tasks or at least as well as we would like. It is in this way that the reign of God struggles to be born.

© Dianne Bergant CSA

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Luke 10:38-42

³⁸As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him.
³⁹She had a sister called Mary, who sat at the Lord's feet listening to what he said.

To find out more, call Tamara
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*Jesus said.
"You are worried
and distracted
by many things.
Only one thing
is necessary."*

Luke 10:41-42

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